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Rapid Strides is a rock trio from Bremen that has been making music together since 2022. The band – consisting of Milan Funck (vocals, bass, guitar), Jakob Lengfeld (guitar, backing vocals) and Adam Winiarski (drums) – blends powerful guitars, a distinctive bass and energetic drumming with catchy melodies to create a unique sound that brings together different shades of alternative rock.

What sets Rapid Strides apart is their multilayered sound and dual vocals. Their songs move between dynamic force and introspective moments without falling into rock clichés. The lyrics explore themes such as self-doubt, alienation, and emotional overwhelm, while remaining open enough to leave room for personal interpretation.

In 2025, the band reached the finals of the nationwide newcomer competition *Local Heroes*, where drummer Adam Winiarski won the award for **Best Instrumental Performance 2025**. The band's stage presence and dynamic energy – the core of their live shows – were particularly highlighted.

In November 2025, they released the live version of their new single “*Devil’s Advocate*”, offering a powerful glimpse of what’s to come: raw, intense, and captivating. Anyone wanting to know what rock sounds like in 2025 can’t ignore Rapid Strides.